

Quality and affordable therapeutic retreats,
seminars and counselling services



Using a Relational Practice Framework to enhance your counselling & supervision practice

with Les Simmonds and Dr James Arkwright

Workshop Overview

This professional development workshop is designed for Counsellors, Family Therapists, Psychologists, Social Workers and other professional helpers who wish to explore and reflect on their own therapy and/or supervision practice.

An innovative Relational Practice Framework will be introduced, which focuses on understanding and exploring the integration between the conceptual framework informing the work, the actual process of the therapy or supervision, and the therapist's presence with clients and/or supervisees (Neimeyer, 2012).

James and Les will discuss and model this Relational Practice Framework, illustrating its relevance for practitioners whose work is informed by any of the following therapeutic approaches: Narrative, Systemic, Cognitive Behavioural, Humanist and Experiential Therapies.

This one day introductory workshop on the Relational Practice Framework will offer: teaching about the framework, live demonstration of using the framework, and opportunities for exploring and using the Relational Practice Framework in respect of participants' counselling and/or supervision practice.

Important Workshop Details

This Workshop is:

- Limited to 30 participants
- Time for group discussion will be set aside where the primary focus will be on finding support and advancing one's practice.

Date: Friday, 25 November 2016

Venue: Waipuna Hospice, Tauranga

Cost: \$85.00 (includes morning & afternoon tea)



Facilitators:

The facilitators, Les Simmonds and Dr James Arkwright are experienced educators and therapists..

For further details about their [biographies](#) and registration details for the workshop, see the 'About Us' and 'Professional Development' sections on our website: www.lifeaplenty.nz

Contact Details

For all inquiries, information and registration forms, contact James: Phone 021-297-4719, Email james@lifeaplenty.nz